



The idea behind NOURISH is to make you feel better with the food we serve. All our dishes are made from scratch and natural ingredients to guarantee a balanced meal full of flavors and nutrients.



@nourisheatery



ALL DAY BREAKFAST

GRANOLA'S HEAVEN | 90.000 VND

Homemade granola, shredded 70% dark chocolate, cashew butter, dried coconut meat, strawberries, banana & cacao nibs. Served with homemade yogurt or coconut milk.

TROPICAL'S HEAVEN | 90.000 VND

Homemade granola with cashews, a mix of tropical fruits and dried coconut meat. Served with homemade yogurt or coconut milk.

GRANDMOTHERS RECIPE | 85.000 VND

*Apple pie overnight oats.
Oats, fresh coconut milk, sugar cane syrup, chia seeds topped with caramelized apple with cinnamon, raisins and walnuts.*

NUTTY OVERNIGHT OATS | 85.000 VND

Oats, fresh coconut milk, sugar cane syrup, chia seeds, layers of cashew and peanut butter topped with granola

NUTTY TOAST | 85.000 VND

Cashew butter, peanut butter, slices of banana and strawberries, cacao nibs, hemp seeds and sugarcane syrup.

SCRAMBLED EGG ON RYE TOAST | 75.000 VND

Scrambled organic eggs, tomato, red onion, cilantro, spices and a pinch of chili.

SCRAMBLED TOFU ON RYE TOAST | 75.000 VND

Scrambled tofu, mushroom, tomato, red onion, cilantro, spices and a pinch of chili.

RED DRAGON SMOOTHIE BOWL | 85.000 VND

Red dragon fruit, frozen banana, and mango. Topped with coconut meat, granola, seeds, and fresh fruits.

ALL DAY LUNCH

NOURISH BOWL | 120.000 VND

Homemade falafel, quinoa, middle east salad, lettuce, roasted beetroot with rosemary, pickled red cabbage, tofu feta cheese and a homemade tahini dressing.

MIDDLE EAST SALAD BOWL | 90.000 VND

Spiced chickpeas, quinoa, middle east salad, lettuce, roasted beetroot with rosemary, pickled red cabbage, tofu feta cheese and a homemade tahini dressing.

FALAFEL BURGER | 120.000 VND

Falafel patty, roasted beetroot with rosemary, fresh tomato, lettuce, avocado, tahini dressing and homemade cashew tzatziki on a rye burger bun. Served with sweet potato fries and cashew tzatziki.

WAUW! BURGER | 110.000 VND

Veggie patty (brown rice, black beans, roasted beetroot, mushroom, oats and rosemary), roasted tomatoes, fresh veggies, tahini and homemade mango chutney on a rye burger bun. Served with sweet potato fries and cashew tzatziki.

MANGO CHUTNEY SALAD | 90.000 VND

Mango chutney, quinoa, chickpeas, fresh tomato, shredded carrot, red onion, cilantro, and a dressing of olive oil, garlic, cayenne pepper and lemon.

COFFEE AND TEA

MEDIUM ROAST COFFEE | 35.000 VND

French press, served with 100% arabica coffee from Da Lat, Vietnam.

OOLONG TEA | 30.000 VND

Served with dried pineapple & fresh lemongrass.

MAMA KOMBUCHA | 60.000 VND

Ask our staff for available flavors.

WHILE WAITING

SHARING IS CARING PLATTER | 70.000 VND 🌿

Rye crisps, spiced chickpeas, roasted beetroot, pickled red cabbage, served with our dips.

FALAFEL PLATTER | 80.000 VND 🌿

6 falafel balls, spiced chickpeas, roasted beetroot and pickled red cabbage, served with our dips.

FRUIT PLATTER | 70.000 VND 🌿

Platter with a mix of tropical fruits.

SMOOTHIES

FILL ME UP | 60.000 VND

Homemade oat milk, banana, dates, cashew butter, Himalayan salt.

I LOVE SURPRISES | 60.000 VND

Fresh coconut milk, morning glory, banana, mango, pineapple, dates, lemon juice.

PASSION FOR DRAGONS | 70.000 VND

Fresh coconut milk, red dragon fruit, banana, mango, passion fruit.

SPECIAL

BREAKFAST COMBO | 140.000 VND

1. Start your day with..

granola / apple pie overnight oats / nutty overnight oats

2. Choose your toast:

egg / tofu / peanut-butter / cashew-butter

3. Choose your drink:

watermelon / pineapple juice / coffee

Served with tropical fresh fruits.

JUICES

FRESH ME UP! | 50.000 VND

Pineapple, cucumber, celery, morning glory and lemon juice.

SPICE ME UP! | 50.000 VND

Watermelon, orange, carrot, ginger and turmeric.

BEET ME UP! | 50.000 VND

Beetroot, pineapple & cucumber. Optional: ginger.

TROPICAL FEELINGS | 50.000 VND

Watermelon, pineapple and lime.

ADD ONS

Peanut - cashew butter | 20.000 VND

Almond butter | 30.000 VND

Avocado | 10.000 VND

Baked black beans | 20.000 VND

Mushroom | 15.000 VND

Cashew Tzatziki | 20.000 VND

Organic egg | 10.000 VND

Spiced chickpeas | 20.000 VND

Slice toasted rye bread | 20.000 VND

Roasted tomato | 15.000 VND

Tahini dressing | 20.000 VND

