



Thank you so much for visiting us.

The idea behind NOURISH is to make you feel better with the food we serve. All our dishes are made from scratch and natural ingredients to guarantee a balanced meal full of flavors and nutrients.

You like our homemade condiments and butters? We have peanut butter, cashew butter, almond butter, tahini and mango chutney for sale.

We do our very best to give you a great time. Please let us know if you need anything.

NOURISH eatery



@nourisheatery

Password Wifi: timetorelax

All Day Breakfast

Granola's heaven | homemade granola | 90.000 VND

Homemade granola with cashews, shredded 70% dark chocolate, cashew butter, dried coconut meat, strawberries, banana & cacao nibs. Served with homemade yogurt. Vegan option is served with coconut milk.

Tropical's heaven | homemade granola | 90.000 VND

Homemade granola with cashews, a mix of tropical fruits and dried coconut meat. Served with homemade yogurt. Vegan option is served with coconut milk.

Grandmothers recipe | apple pie overnight oats | 85.000 VND

Oats, fresh coconut milk, chia seeds, vanilla extract, topped with homemade caramelized apple with cinnamon and sugar cane syrup, raisins and walnuts.

Nutty overnight oats | with cashew- and peanut butter | 85.000 VND

Oats, fresh coconut milk, chia seeds, vanilla extract, layers of cashew butter and peanut butter, topped with homemade granola and sliced banana.

Nutty toast | cashew- and peanut butter on toast | 85.000 VND

Cashew butter, peanut butter, sliced banana and strawberries, cacao nibs, hemp seeds and homemade sugar cane syrup. Served on two slices of toasted rye bread.

Scrambled egg on toast | 75.000 VND

Scrambled organic eggs, tomato, red onion, cilantro, spices and a pinch of chili. Served on two slices of toasted rye bread.

Scrambled tofu on toast | 75.000 VND

Scrambled tofu, mushroom, tomato, red onion, cilantro, spices and a pinch of chili. Served on two slices of toasted rye bread.

Red Dragon bowl | smoothie bowl | 85.000 VND

Red dragon fruit, frozen banana, mango and fresh coconut milk. Topped with baked coconut meat, granola, chia seeds and fresh fruits.

Lunch menu

NOURISH bowl (V) | falafel bowl | 120.000 VND

Homemade falafel, quinoa, middle east salad, roasted beetroot with rosemary, pickled red cabbage, tofu feta cheese and a homemade tahini dressing.

Middle east salad bowl (V) | 90.000 VND

Spiced chickpeas, quinoa, middle east salad, roasted beetroot with rosemary, pickled red cabbage, tofu feta cheese and a homemade tahini dressing.

Falafel burger (V) | 120.000 VND

Falafel patty, roasted beetroot with rosemary, fresh tomato, lettuce, tahini dressing and homemade cashew tzatziki on a rye burger bun. Served with vegetable crisps and avocado mayonnaise.

WAUW! burger (V) | mango chutney burger | 110.000 VND

Veggie patty (rice, black beans, roasted beetroot, mushroom, pumpkin seeds and rosemary), roasted tomatoes, fresh veggies, tahini and homemade mango chutney on a rye burger bun. Served with vegetable crisps and avocado mayonnaise.

Mango chutney salad (V) | 90.000 VND

Mango chutney, quinoa, chickpeas, fresh tomato, shredded carrot, red onion, cilantro, parsley and a dressing of olive oil, garlic, cayenne pepper and lemon.

While waiting..

Sharing is caring platter (V) | with dips | 70.000 VND

Rye crisps, spiced chickpeas, roasted beetroot and pickled red cabbage. Served with a tahini dressing, cashew tzatziki and mango chutney.

Falafel platter (V) | with dips | 80.000 VND

6 falafel balls, spiced chickpeas, roasted beetroot and pickled red cabbage. Served with a tahini dressing, cashew tzatziki and mango chutney.

Fruit platter (V) | 70.000 VND

Platter with a mix of tropical fruits.

Drink menu

Coffee & Tea

Medium roast, French Press | 35.000 VND

French press coffee. Served with 100% arabica coffee from Đà Lạt, Vietnam.

Oolong tea | 30.000 VND

Served with dried pineapple & fresh lemongrass. Optional: honey or sugar cane syrup.

Smoothies

Fill me up | 60.000 VND

Homemade oat milk, banana, dates, cashew butter and Himalayan salt.

I love surprises | 60.000 VND

Fresh coconut milk, morning glory, banana, mango, pineapple, dates and lemon juice.

Passion for dragons | 70.000 VND

Fresh coconut milk, red dragon fruit, frozen banana and mango. Topped with passion fruit.

Juices

Fresh me up! | 50.000 VND

Pineapple, pear, cucumber, celery, morning glory and lemon juice.

Spice me up! | 50.000 VND

Watermelon, orange, carrot, ginger and turmeric.

Beet me up! | 50.000 VND

Beetroot, pineapple & cucumber. Optional: ginger.

Tropical feelings | 50.000 VND

Watermelon, pineapple and lime.